

TEMAS/UNIDADES	CONTEÚDOS		N.º de AULAS PREVISTAS	
Check your Level Unit 1 – Entertainment & Arts Great Sounds; Movie Time; Reading is magic - Atividades de lazer Unit 2 – Digital teens Teens' Digital Lives; Social Media / Social Life; Techie generation - Internet e redes sociais	Lexicais • Genres of music • Vocabulary related to music • Types of films and TV series • Film and cinema vocabulary • Vocabulary related to books • Digital media • Vocabulary related to online activities and social media • Tech gadgets • Words related to the Internet	Gramaticais • Past simple and Past continuous • Phrasal verbs • Correlative conjunctions • Infinitive • Gerund (-ing form) • Used to / Present Simple • Phrasal verbs • Present perfect • Past Simple / Present perfect • Relative Clauses	39 a 42 aulas*	1.º Período
Atividades de avaliação			4 ou mais	
Unit 3 – Healthy Lifestyles Healthy teens; Healthy habits; Mental health - Hábitos de vida saudáveis Unit 4 – Challenges Your voice matters; Be the change; Helping hands - Direitos humanos e Solidariedade	Lexicais • Fitness and food • Food idioms • Benefits of sport • Health Problems / Medical treatment • Adolescent mental health • Causes of conflict • Consequences of war • Human rights • Volunteer work • Reasons to volunteer • Describing volunteers	Gramaticais • Concessive clauses • Zero and first conditional • Unless • Second conditional • Passive • Past perfect • Past perfect / Past simple • Question tags	36 a 39 aulas*	2.º Período
Atividades de avaliação			4 ou mais	
Unit 5 – Going Away Travelling; Beyond school; Time out - Viajar à volta do mundo	Lexicais • Words / Expressions related to 'travelling' • Vocabulary related to exchange programmes • Air travel • Types of holidays • Summer camps and activities / sports • Holiday accommodation *Extensive Reading: "13 Little Blue Envelopes ."	Gramaticais • Be going to / Will • Reported Speech (Statements) • Reported Speech: Orders, requests and advice; questions; suggestions.	18 a 21 aulas*	3.º Período
Atividades de avaliação			4 ou mais	
Total de Aulas Previstas (50 minutos)			93 a 102*	

*Dependendo do horário de cada turma